

the heights

Guests are respectfully advised that all dishes are freshly prepared & require a little time. Thank you

Starters

(V)	Bocconchini Mozzarella and char grilled vegetables with Pesto Balsamic Vinegar	£7.30
	Serrano Ham, Figs and Mango salad with Raspberry Vinaigrette	£ 7.90
	Peppered Tuna loin dressed around mixed leaves with a Red pepper & Cardamom Coulis	£7.10
(V)	Freshly Prepared Soup of the Day	£5.50
	Filo Tartlets with Seared Duck with a Tomato and Sesame Chutney	£7.40
	Lemongrass skewers of Shrimp Mousse served With a Salsa Verde	£6.95
	Scottish Smoked Salmon served in Traditional style	£9.20
	Spiced Chicken tossed with Yoghurt, Curry leaves, Cucumber & Onion Salad	£6.25

Some dishes may contain nuts or nut essences

All prices include VAT. A discretionary service charge of 12.5% will be added to your bill

Main courses

Poach Supreme of Salmon served with crushed Black Pepper and Fennel seeds with Courgettes, New Potatoes, Capers, Roasted Peppers and Dill Salsa	£14.25
Olive crusted Rack of Lamb on a Spring Onion and Garlic Mash with a redcurrant flavoured red wine reduction	£15.60
Chicken stuffed with Prosciutto and Gruyere Cheese With a Roasted Tomato and Basil sauce	£13.20
Crab Au Gratin with Parsley Potatoes and a Medley of Vegetables	£15.10
(V) Artichoke Ravioli served with a Spinach and Watercress Sauce	£13.50
Calf's Liver on a bed of Sweet Potato and Celeriac Rosti With a Blackcurrant flavoured Jus-lie	£14.50
Pan fried Sea Bass Supremes in a coconut flavoured Curry and Served with Lemon Rice and Sautéed Spinach	£16.95
<u>From the Grill</u>	
Sirloin Steaks	£17.80
Fillet Steaks	£19.95
<i>Steak are served with a traditional garnish of grilled Tomato, Mushrooms, Green Salad and French Fries</i>	

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Light Dishes

Grilled Chicken and Mozzarella Pitta Parcels with Tomato Basil Sauce, Mixed Leaves	£8.55
Three Coloured Fish Kebabs - Salmon, Haddock and Tuna with tabbouleh	£10.50
Tamarind Flavoured Grilled King Prawns with a Pineapple and Red Onion Salsa	£10.75
Scrambled Egg Focaccia with Smoked Salmon, garnished with blush Tomato, Grain Mustard and Sour Cream	£7.25
Chicken Caesar Salad with Croutons and Parmesan Shavings	£7.50
Minute Steak with Caramelised Onion in Ciabatta with French Fries	£10.60
Chicken Tikka in Pappadums with a mixed leaf salad	£7.80
(V) Spinach and Ricotta Cheese Cannelloni served With Truffle flavoured Mornay Sauce	£8.60

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Tapas Menu

*All dishes £5.50 each. Three or more dishes charged at £5.00 each.
Each dish is accompanied by a dip of your choice.
Additional dips charged at £1.00 each.*

Seared Thai Chicken with Tomato Chilli Jam	£5.50
(V) Mixed Indian Pakoras with Coriander, Mint Dipping Sauce and Tamarind dipping Sauce	£5.50
(V) Freshly cut Crudités served with Focaccia Bread	£5.50
(V) Spinach Potato and Cashew Nut Cakes with Tomato Sambal Sauce	£5.50
(V) Tomato Bruschetta with Asparagus, Gorgonzola and Basil Salad	£5.50
(V) Duo of Roasted Skewers of Mushroom stuffed with Feta cheese and wrapped in Aubergines	£5.50
(V) Tortilla Crisps topped with melted mature Cheddar Cheese, Guacamole, Crème Fraiche and Chilli	£5.50

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Meze platter 2/4 persons, Pitta Bread Sticks, Olive with Feta Cheese & Sun Dried Tomato, Hummus, and Taramasalata £7.75

Dips:

Guacamole	Sour Cream and Chives	Lemon Mayonnaise
Hummus	Garlic Mayonnaise (Aioli)	Tzatziki
Tachini	Taramasalata	Soy
	Spicy Salsa	

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Sandwiches

Feta Olive and Sun Dried Tomatoes in Tomato Bloomer	£7.10
Smoked Salmon with crushed peppercorns and Lemon Juice, Crème Fraiche and Dill in wholegrain Bloomer	£9.30
Curried Chicken with Spring Onion and Coriander Mayonnaise in white tin loaf	£6.95
Avocado & Prawn Marie Rose in wholegrain Bloomer	£8.10
Ham, Tomato and Crisp Lettuce with English Mustard in white or brown tin loaf	£5.80
Rare Roast Beef and Horseradish Cream in white or brown tin loaf	£6.80
Tuna with Sour Cream and Chives in wholegrain Bloomer	£5.80
Club Sandwich with Chicken, Egg, Tomato, Bacon, Lettuce and Mayonnaise	£9.50
Bacon, Lettuce and Tomato (BLT)	£7.80
Mozzarella, Tomato and Basil on Baguette with Roquette	£7.50

Please note that the above breads are interchangeable- Please do ask

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Desserts

Almond Shortbread with Raspberries and Strawberries served with Almond cream	£5.75
Roasted Apricots in Caramel, flavoured with Rosemary and drizzled with Crème Anglaise	£5.75
Chocolate and Nuts Croquant with Coffee Bavaroise garnished with bitter Coffee glaze	£5.75
Citrus Cheese Cake served with Caramelised Lime	£5.75
Three Cheese selection: Stilton, Brie and Emmental	£6.25

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Beverages

Cappuccino	£2.90
Latte	£2.90
Hot Chocolate	£2.80
Espresso Single/ Double	£1.75/2.65
Filter Coffee	£2.90
English Breakfast Tea	£2.60
Tea	£2.75
Milk	£1.65
Irish Coffee	£6.75

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